

## PERSONAL INFORMATION



**Name** : Rana Muhammad Asif (Olympian)  
**Father's Name** : Rana Mubarik Ali  
**Designation** : Sports Director (Training & Coaching)  
**Place of Posting** : Neo Hockey Club vzw Beukstraat 69, 2800 Mechelen.  
BCE : 0889.514.546  
**Gender** : Male  
**Date of Birth** : 20<sup>th</sup> April 1985  
**Height** : 5'10"  
**Weight** : 70-Kg  
**Blood Group** : O<sup>+ve</sup>  
**Religion** : Islam  
**Nationality** : Belgium

## ADDRESS AND CONTACTS

**Residential Address** : Rue De L'Espérance 284, 4000 Liège, (Belgium)  
**Contact No.** : +32 49 22 16 143  
**Email Address** : asifhockey2009@yahoo.com

## EDUCATION

Bachelors of Arts

## COMPUTER SKILLS

Internet (General net user)

## LANGUAGES

❖ FRENCH	Good
❖ ENGLISH	Good
❖ DUTCH	Normal
❖ URDU	Excellent
❖ PUNJABI	Excellent

## INTERNATIONAL SPORTS CARRIER

### OLYMPICS ACHIEVEMENT



- ❖ I have participated in **Olympics Games** held at **Beijing (China)** in **2008** from **08<sup>th</sup> to 24<sup>th</sup> August** representing **Pakistan National Team** and placed at **8<sup>th</sup>** number.

### INTERNATIONAL ACHIEVEMENTS

- ❖ I have participated in **Jr. Hockey World Cup** in **2005** from **29<sup>th</sup> June to 10<sup>th</sup> July** at **Rotterdam (Holland)** representing **Pakistan National Team** and placed at **8<sup>th</sup>** number.
- ❖ I have participated in **South Asian Games** held at **Colombo (Sri Lanka)** in **2006** and won **Gold Medal** representing **Pakistan National Team**.
- ❖ I have participated in **Four Nation Hockey Tournament** held at **Lahore** in **March 2005** and won the **Gold Medal** representing **Pakistan National Team**.
- ❖ I have participated in **Six Nation Hockey Tournament** held at **Kuala Lumpur (Malaysia)** in **April 2005** and won the **Gold Medal** representing **Pakistan National Team**.
- ❖ I have participated in **Asia Cup** held at **Chennai (India)** in **2007** representing **Pakistan National Team** and placed at **6<sup>th</sup>** number.
- ❖ I have participated in **Sultan Azlan Shah Hockey Tournament** held at **Epop (Malaysia)** in **2007** representing **Pakistan National Team** and placed at **6<sup>th</sup>** number.
- ❖ I have participated in **Four Nation Hockey Tournament** held at **Beijing China** in **2007** representing **Pakistan National team** and won the **Gold Medal**.
- ❖ I have participated in **Four Nation Hockey Tournament** held at **Moscow (Russia)** in **2007** representing **Pakistan National Team** and won the **Gold Medal**.
- ❖ I have participated in **Sultan Azlan Shah Hockey Tournament** held at **Epop (Malaysia)** in **2008** representing **Pakistan National Team** and placed at **4<sup>th</sup>** number.
- ❖ I have participated in **Four Nation Hockey Tournament** held at **Hamburg (Germany)** in **October 2008** representing **Pakistan National Team** and won the **Bronze Medal**.

## CARRIER IN BELGIUM AS PLAYER

- ❖ I have participated in **First Division Hockey League** at Belgium in **2005** representing **Old Club Liege**.
- ❖ I have participated in **First Division Hockey League** at Belgium in **2006** representing **Old Club Liege**.
- ❖ I have participated in **First Division Hockey League** at Belgium in **2007** representing **Old Club Liege**.
- ❖ I have participated in **First Division Hockey League** at Belgium in **2008** representing **Old Club Liege**.
- ❖ I have participated in **Honor Division Hockey League** at Belgium in **2009** representing **Old Club Liege**.
- ❖ I have participated in **Honor Division Hockey League** at Belgium in **2010** representing **Old Club Liege**.
- ❖ I have participated in **First Division Hockey League** at Belgium in **2011** representing **Old Club Liege**.
- ❖ I have participated in **Honour Division Hockey League** at Belgium in **2012** representing **Leuven Hockey Club Leuven**.
- ❖ I have participated in **Honor Division Hockey League** at Belgium in **2013** representing **Leuven Hockey Club Leuven**.
- ❖ I have participated in **Honor Division Hockey League** from **2014** representing **Royal Hockey Club Herakles Lier**.
- ❖ I have participated in **Honor Division Hockey League** from **2015** representing **Royal Hockey Club Herakles Lier**.
- ❖ I have participated in **Second National Division Hockey League** from **2016** representing **Royal Hockey Club Huy**.
- ❖ I have participated in **Second National Division Hockey League** from **2017** representing **Royal Hockey Club Huy**.
- ❖ I have participated in **Open Belgium Hockey League** from **2018** representing **Neo Hockey Club Mechelen**.
- ❖ I have participated in **Open Belgium Hockey League** from **2019** representing **Neo Hockey Club Mechelen**.

## **CARRIER AT BELGIUM AS HEAD COACH AND TRAINER**

- ❖ Chief Hockey Coach and Trainer Old Hockey Club Liege from 2005 MINIMES GARCONS, SCOLAIRES AND JUNIORS.
- ❖ Chief Hockey Coach and Trainer Old Hockey Club Liege from 2006 MINIMES GARCONS, SCOLAIRES AND JUNIORS.
- ❖ Chief Hockey Coach and Trainer Old Hockey Club Liege from 2007 MINIMES GARCONS, SCOLAIRES AND JUNIORS.
- ❖ Chief Hockey Coach and Trainer Old Hockey Club Liege from 2008 MINIMES GARCONS, SCOLAIRES AND JUNIORS.
- ❖ Chief Hockey Coach and Trainer Old Hockey Club Liege from 2009 MINIMES GARCONS, SCOLAIRES AND JUNIORS.
- ❖ Chief Hockey Coach Royal Hockey Club Huy Women Team Second National Division 2010.
- ❖ Chief Hockey Coach Royal Hockey Club Huy Women Team Second National Division 2011.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-19 Boys Team 2012.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Men's Team Belgium Open Hockey League 2013.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Women Team Belgium Open Hockey League 2014.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Women Team VHL 2 Belgium Hockey League 2015.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-16 Boys Team VHL 2 Belgium Hockey League 2015.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Women Team VHL 2 Belgium Hockey League 2016.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-19 Boys Team VHL 2 Belgium Hockey League 2016.
- ❖ Head Hockey Trainer Hoegaarden Hockey Club Hoegaarden 2016.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-19 Boys Team VHL 1 Belgium Hockey League 2017.
- ❖ Head Hockey Trainer Hoegaarden Hockey Club Hoegaarden 2017.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-16 Boys Team VHL 1 Belgium Open Hockey League 2017.
- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-16 Girls Team VHL 2 Belgium Open Hockey League 2017.

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- ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-14 Boys Team VHL 1 Belgium Open Hockey League 2017.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-19 Boys Team VHL 1 Belgium Open Hockey League 2018.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-19 Girls Team VHL 1 Belgium Open Hockey League 2018.
  - ❖ Chief Hockey Coach and Trainer Royal Hockey Club Huy Women Team Second National 2018.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-14 Boys Team VHL 2 Belgium Open Hockey League 2019.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-16 Boys Team VHL 1 Belgium Open Hockey League 2019.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Women Team VHL 3 Belgium Open Hockey League 2019.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-14 Boys VHL 3 Hockey League 2020.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Junior U-16 Boys Team VHL 1 Belgium Open Hockey League 2020.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Women Team VHL 3 Belgium Open Hockey League 2020.
  - ❖ Head Hockey Trainer Hoegaarden Hockey Club Hoegaarden 2020.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen U-09 Boys 1 Team VHL 2 Belgium Open Hockey League 2021-2022.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen U-19 Boys 1 Team VHL 3 Belgium Open Hockey League 2021-2022.
  - ❖ Chief Hockey Coach and Trainer Neo Hockey Club Mechelen Women Team VHL 3 Belgium Open Hockey League 2021-2022.

## **CLINIC HOCKEY CAMP IN BELGIUM AS HEAD COACH AND TRAINER**

- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2005.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2006.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2007.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2008.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2009.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Lara Hockey Club Waver 2009.

- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2010.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Royal Hockey Club Huy 2010.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2011.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2012.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2013.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2014.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2015.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Old Hockey Club De Liege 2015.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2016.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2017.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2018.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Royal Hockey Club Huy 2018.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2019.
- ❖ Clinic Hockey Camp (Covid-19) as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2020.
- ❖ Clinic Hockey Camp (Covid-19) as Head Coach and Head Trainer in Hoegaarden Hockey Club Hoegaarden 2020.
- ❖ Clinic Hockey Camp as Head Coach and Head Trainer in Neo Hockey Club Mechelen 2021.

## **CARRIER AS DIRECTOR SPORTS BELGIUM**

- ❖ Signed Contract as Director Sports Neo Hockey Club Mechelen Belgium from 2012 to 2025 Season.

## SPORTS CARRIER IN PAKISTAN AS PLAYER

### NATIONAL ACHIEVEMENTS

#### NATIONAL GAMES

- ❖ I have participated in National Games (Pakistan) held at Lahore in March **2001** and won **Bronze Medal** representing Pakistan WAPDA.
- ❖ I have participated in National Games (Pakistan) held at Quetta in **2004** and won **Gold Medal** representing Pakistan WAPDA.
- ❖ I have participated in National Games (Pakistan) held at Abbottabad in March **2010** and won **Bronze Medal** representing Pakistan WAPDA.

#### NATIONAL CHAMPIONSHIP (SENIOR)

- ❖ I have participated in Pakistan National Championship **50<sup>th</sup>** (Senior) in **2003** representing Pakistan WAPDA held at Karachi and won the **Gold Medal**.
- ❖ I have participated in Pakistan National Championship **51<sup>st</sup>** (Senior) in **2004** representing Pakistan WAPDA held at Peshawar and won the **Gold Medal**.
- ❖ I have participated in Pakistan National Championship **52<sup>nd</sup>** (Senior) in **2005** representing Pakistan WAPDA held at Karachi and won the **Silver Medal**.
- ❖ I have participated in Pakistan National Championship **53<sup>rd</sup>** (Senior) in **2006** representing Pakistan WAPDA held at Karachi and won the **Gold Medal**.
- ❖ I have participated in Pakistan National Championship **54<sup>th</sup>** (Senior) in **2007** representing Pakistan WAPDA held at Lahore and won the **Silver Medal**.
- ❖ I have participated in Pakistan National Championship **55<sup>th</sup>** (Senior) in **2008** representing Pakistan WAPDA held at Lahore and won the **Bronze Medal**.
- ❖ I have participated in Pakistan National Championship **56<sup>th</sup>** (Senior) in **2009** representing Pakistan WAPDA held at Lahore and won the **Bronze Medal**.
- ❖ I have participated in Pakistan National Championship **57<sup>th</sup>** (Senior) in **2010** representing Pakistan WAPDA held at Karachi and won the **Gold Medal**.

### CARRIER IN PAKISTAN AS CHIEF COACH & TRAINER (PAKISTAN WAPDA)

- ❖ Chief Hockey Coach Pakistan WAPDA Under 21 (**31<sup>st</sup> Junior Hockey Championship**) held at Lahore from 10-21 January **2012** **Gold Medal**.

#### COACHING COURSE IN PAKISTAN

- ❖ Under Supervision of **Pakistan Hockey Federation (PHF)** held at **National Hockey Stadium Lahore** from 17-21 January **2012**.

### REFERENCE

- ❖ References will be available on demand.

